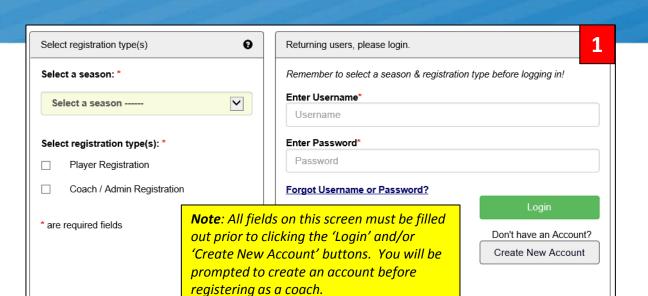
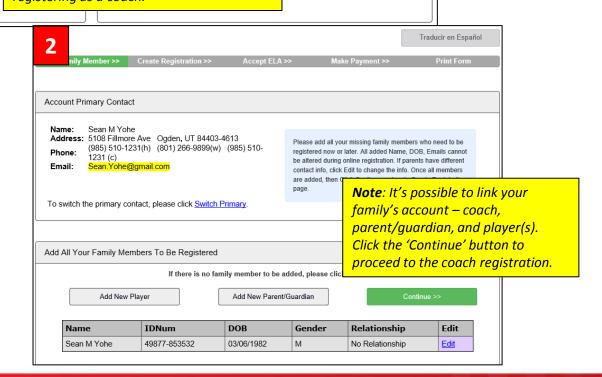
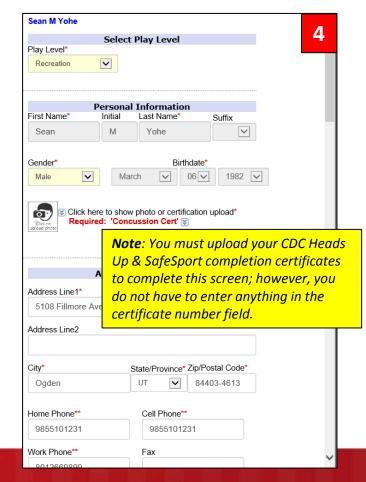


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## Don't have your SafeSport and CDC Heads-up certifications yet?

Effective in 2019, all coaches and team administrators will be required to complete child safety programs from the U.S. Center for SafeSport and the CDC (Heads Up Concussion). These programs are mandated by Congress, replacing older programs like Safe Haven, and are a great way to keep our children safe from injury and abuse. This is a top priority at Ogden Soccer and we appreciate your commitment to creating a safe environment for our kids. Thank you!

To complete the necessary trainings, please follow the instructions below and be sure to save a copy of your certificates when you're done.

- 1. <u>SafeSport</u>: This training can be taken at <a href="https://safesport.org/">https://safesport.org/</a>. It is approximately 90 minutes long. US Soccer has paid for the membership so there is no cost for this. You will begin by creating an account. After entering your personal information you will have the option to add a membership. Choose US Soccer as the organization. Your access code is **YC3E-6P5G-YYIL-CS2M**. The training consists of 3 modules that are approximately 30 minutes long. You will receive a certificate for each module and a 4<sup>th</sup> one for completing the entire course. This one is titled **SAFESPORT TRAINED** and is the one you must upload during the coach registration process.
- **Heads Up Concussion**: Go to <a href="https://headsup.cdc.gov/">https://headsup.cdc.gov/</a>. The course is approximately 30 minutes and also has no cost to you. Here, you will learn how your actions can help create a safe environment for young athletes so that they can stay healthy, active, and thrive both on and off the playing field. The certificate received upon completion of this course must also be upload during the coach registration process.



